

Community Resources

Crisis:

Call 911

[\(welfare check, transport to hospital, etc.\)](#)

Suicide Prevention Lifeline

<http://suicidepreventionlifeline.org/>

1-800-273-8255

TTY 1-800-799-4889

Utah County Crisis Line

24-hours/day: **801-691-LIFE (5433)**

Wasatch Mental Health Crisis Services

<http://www.wasatch.org/blog/crisis-services/>

Provo 24-hour crisis line: **801-373-7393**

SafeUT Smart Phone App

<https://healthcare.utah.edu/uni/safe-ut/>

24-hours/day: Download APP at the Apple Store or Download at Google

Real-time crisis intervention and a confidential tip line; responds to all chats, texts, and calls

Veterans Crisis Line

<https://www.veteranscrisisline.net/>

1-800-273-8255 / Press 1

Text to 838255

Trevor Lifeline

<https://www.thetrevorproject.org>

1-866-488-7386

The Trevor Project provides support to LGBTQ young people 24/7.

Crisistextline.org

Text “Home” to 741-741

Every texter is connected with a Crisis Counselor, a real-life human being trained to bring texters from a hot moment to a cool calm through active listening and collaborative problem solving.

Utah Domestic Violence LINKLine

1-800-897-LINK (5465)

<https://www.udvc.org/>

The Warm Line

<https://healthcare.utah.edu/uni/programs/crisis-diversion.php>

801-587-1055 - 3:00p - 11:00p

The Warm Line is a recovery support line available daily from 3 p.m.–11 p.m. Certified peer specialists provide callers within Salt Lake County with support, engagement and encouragement. They promote wellness in a nonjudgmental and respectful manner by listening, empowering a person to resolve his or her own problem, and fostering a sense of hope, dignity and self-respect.

Find Help:

Find a Therapist/Provider (filter by insurance, specialty, etc.)

<https://www.psychologytoday.com/us/therapists/ut/utah-county>

Helpful Apps, websites, and More-- by category

(Anxiety, bullying, abuse, depression, etc.)

<https://www.crisistextline.org/referrals>

Resources by Zip Code or by County

(food, housing, mental health, legal, etc.)

<https://211utah.org/>

Mental Health Providers by Area

<https://hope4utah.com/mental-health-resources>

**Utah County Health Department
Community Resources**

<http://www.utahcountyonline.org/dept/Health/resources/>

Wasatch Mental Health

American Fork: 801-763-5010 or

Provo: 801-373-4769

www.wasatch.org

Community mental health center offering an array of programs and services for children, teens and adults

BYU Comprehensive Clinic

801-422-7759

<https://comprehensiveclinic.byu.edu/>

Effective, convenient, and affordable mental health services

Gang Prevention Information

Parent Guide [English](#) [Spanish](#)

[Getting Out of a Gang. What you can do](#)

Find a mental health or substance use facility

<https://findtreatment.samhsa.gov/>

Disability Resources

<https://utahparentcenter.org/resources/>

Uninsured/Medicaid

[Department Human Services Locator](#)

<https://www.mountainlands.org/>

National Alliance for Mental Illness (NAMI) Utah County Support Group

<https://www.namiut.org/about/affiliates>

Angela Petersen (801) 400-3516

Monthly presentations and support groups

Provo Canyon Behavioral Hospital

<https://pcbh.com/>

Treatment for addictions, emotional, and or behavioral problems

American Foundation for Suicide Prevention

<https://afsp.org/>

Find support, find help, take action

Utah Suicide Prevention Coalition

<https://utahsuicideprevention.org/>

Warning signs, get help, get involved,

Utah State Suicide Prevention Plan

Hotlines:

Child Abuse/Neglect

1-855-323-DCFS(3237)

National Suicide Prevention Lifeline

1-800-273-TALK(8255)

Sexual Violence Crisis Line

1-888-421-1100

Utah Domestic Violence

1-800-897-LINK(5465)